### Natasha Chadwick

Post-Shelter Support Worker

#### natashac@shelterlink.org



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#### **Shelterlink Youth Services**

130 Youngs Street – 3rd Floor Stratford, ON N5A 1J7 519-272-2294 www.shelterlink.org Shelterlink YOUTH SERVICES

> Post-Shelter Support Worker

## Purpose

To help youth transition from shelter to stable housing and provide essential support to ensure they remain successfully housed and connected to community resources.

## Goal

To promote ongoing independence and connection to community and natural supports essential for a fulfilling life.

# Ways We Support

- Collaborate with youth to create a person-centered plan for leaving the shelter, ensuring that necessary supports and services are in place to align with their goals and needs for success outside the shelter
- Creating individual plans for each youth will help them identify potential barriers they may face when leaving the shelter and implement preventative measures to avoid setbacks

 Provide resources and assistance with online applications for additional funding, grants, or subsidies

- Help youth learn about various community resources and/or accompany them to food banks, events, or community meals
- Support youth in achieving their educational, employment, mental, and physical health goals
- Encourage and support youth as they work on rebuilding their relationships and nurturing their natural support systems